



11TH SEPTEMBER 2022



KATA



KICKMASTER

@ EN[GAGE]

SWA CHAMPIONSHIPS



KUMITE

SHUZOKU WADO-KAI ASSOCIATION CHAMPIONSHIPS

We are delighted to invite you to the inaugural championships of Shuzoku Wado-Kai Association. The event will contain 3 competitions: Kata (All ages), Kickmaster (<13 years) and Fighting (Kumite - All ages). Each competition will be further split into age/height/belt categories as appropriate. We encourage members of all ages and grades to participate.

Venue: Engage Sport and Fitness, Edinburgh Napier University
9 Sighthill Court, Edinburgh EH11 4BN

Date: Sunday 11th September 2022 **Start Time:** 10am

Entry Fee: £15 (Late Fee £20)

Fighting - competitors try to score points against each other. 8 point difference or highest score within time progresses to next round.	Kata - competitors perform kata (younger members can perform half kata and copy if necessary) - best performance progresses.	Kickmaster - competitors perform best punching and kicking techniques against the strike dummy. Best techniques progress.
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All competitors will receive a participation medal. There will be winners medals for 1st/2nd/3rd places in each category. Competitors in the fighting events should wear hand pads and gum shield. Spectators welcome (spectator fee £2 per adult - payable on the day in cash).



Please tear and complete this entry form and return with the entry fee (£15) in cash by 3rd September 2022 to your club instructor.

Name _____ Age _____

Height (Feet/In) _____ / _____ Grade (Belt) _____

Events (please tick): Fighting | Kata | Kickmaster (under 13 years only)

Do you have any Additional Support Needs: