



## 2nd Kyu - Brown Belt

### Kihon, Tsuki & Keri (Basic Techniques)

1. Kette Junzuki.
2. Kette Junzuki No Tsukkomi.
3. Kette Gyakuzuki.
4. Kette Gyakuzuki No Tsukkomi.
5. Nagashizuki.
6. Surikomi Mawashigeri.
7. Surikomi Sokuto.
8. Ushirogeri Chudan.

### Renraku Waza (Combination Techniques)

1. Surikomi Maegeri Chudan - Nagashizuki Jodan - Mawashigeri.
2. Maegeri Chudan - Sokuto Chudan - Ushirogeri Chudan - Gyakuzuki Chudan.
3. Zenshinshite Jodan - Renzuki Chudan - Surikomi Maegeri Chudan - Mawashigeri Chudan - Gyakuzuki Chudan.

### Kata (Form)

- Kushanku
- Two Pinan Kata (Chosen by student)

### Ohyo Gumite (Semi-Free Fighting)

- Sanbonme (3)
- Yohonme (4)
- Gohonme (5)

### Kihon Gumite

- Nihonme (2)